BARTS Medical Support Requirements for Alpine Disciplines

Medical Services required from Event Organisers

The health and safety of all those involved in an alpine ski competition is a primary concern of all Event Organisers. This includes the competitors, officials, volunteers, course workers and spectators.

The specific composition of the medical support system is dependent on several variables:

- The size and level of the event being held
- The venue
- The estimated number of competitors, support staff and spectators
- The scope of responsibility for the Event Medical Organisation (competitors, support staff, spectators) should also be determined.

PLEASE NOTE: For the completion of the all tables in this document, an example form is available to consult. This form is available to download from www.gbski.com , as are blank versions of this form.

Personnel/Staff

Specific job descriptions with requirements should be created according to the specific requirements of the event.

The Organising Committee must ensure that emergency medical services are available for each official day of training and competition.	Establishes an evacuation plan for injured athletes, officials and spectators –from site of injury to initial triage to hospital or trauma centre if indicated
A medical plan conforming to SSGB requirements should be prepared. The detailed form below should be completed to identify the plan.	Secures availability of all necessary facilities, resources and personnel to support evacuation plan.
A First Aid area close to competition area should be established for initial triage and minor issues for competitors, officials and spectators, with staff trained in emergency techniques.	Creates a back up plan/system that could be operational if one or more major evacuation is utilised
A back up plan must be available to allow for the recommencement of the official training or competition.	Defines specifically the personnel roles and responsibilities and communicates these clearly to all parties involved.
Technical Delegate (TD) Confirms with the Event Organising Committee (OC) that the required rescue facilities are in place before starting official training or competition	Publishes the emergency plan (see below) before the first official training.
First Aid Team *This role could be taken on by external first aiders eg St John or suitable qualified venue staff. The numbers/staffing will be determined by the nature and course of the event, including replacement in the case of an incident so as to not delay the competition.*	Supports the T D with the recording of all incidents that occur during official training and competition with the completion of the FIS Injury Report for each athlete injury
Act as first responders to an injured athlete, officials or spectators	**Information to be published**
Place themselves so that they always have the race course in view and/or be in contact by radio with the on course medical or race director (CoR)	Responsible First Aid group eg St John or Slope staff or .....
Event Medical Director *This role could be taken on by Chief of Champs or Race, local doctor, or person normally in charge of these arrangements (Venue Chief First Aider etc). Much of this section is part of normal planning for events.*	**Evacuation protocols** for each level of injury from course with criteria for external specialist transport/ambulance.
directs and coordinates all medical services provided at the event. this person may be a member of the organising committee and will report to the committee regarding medical issues with the event. this individual should be competent in managing health and safety.	contact for event medical director
Outlines facilities and resources required for the event	**Details** of local available medical services to include the phone contact and address for location. This information should include:- local medical clinics, physicians, dental offices, pharmacies and hospital.

MEDICAL ASSESSMENT FORM FOR BRITISH ARTIFICIAL SEEDING COMPETITIONS

The Organising Committee for each competition must fill in the assessment form below prior to the commencement of Training at a Competition.

THE COMPLETED FORM MUST BE EMAILED TO THE HNGB or MEMBER GROUP RESPONSIBLE PRIOR TO THE START OF THE EVENT and posted on the official noticeboard or distributed at the team captains meeting.

Event Venue	Ski Club of Ireland, Kilternan, Co. Dublin	**CoR Derek Bolger**	
Event Dates	1st & 2nd October 2016	**Event Status** National Championships	
Event Doctor *(if appropriate)*		Phone:	
First Aid provided by name:	Red Cross / Ms Elaine Byrne Accident co-ordinator Mr Ken Brown	Red Cross First aiders / E Byrne RGN / K Brown (Dublin Authority Police) First Aid	
Local Surgery or NHS 'walk-in' centre ***(if appropriate)*** ***VHI Swiftcare Clinic, Dundrum***	**Address: Rockfield Medical Campus, Rockfield, Dublin 14, D16 A6K5** **Phone:** +353 1890 866 966 **From Venue:** 18 min (9 km) with car **Directions** : Turn Left onto Enniskerry Rd (R117) Continue on R117 for 8.4km Turn Right onto Overend Ave. 85m Turn Right towards Rockfield 76m At roundabout take 1st exit to Rockfield Destination on left (32m)	**Level of Care:** Fractures, sprains or possible breaks Lacerations or cuts that need stitching Sports injuries Burns and scalds Minor illnesses including fever, infections and rashes Eye and ear injuries Insect and animal bites Joint, muscular and back pain	
Hospitals St Vincent's University Hospital	**Address:** Elm Park, Merrion Rd., Dublin 4 **Phone: +353 1 221 4000** **From Venue:** 25 min (14.1 km) with car **Directions** : Turn Left onto Enniskerry Rd (R117) 4.1km Turn right onto Kilgobbin Rd/Kilgobbin Lawn Follow on to Murphystown Way and Leopardstown Rd to Brewery Rd/N31 Turn Left onto N11 (N) continue for 4.3km Turn Right onto Nutley Lane 0.7km Turn Right to St Vincent's University Hospital	**Level of Care: A and E, Major Trauma Centre, X-Ray Facility**	

Pharmacy: **McCabes Pharmacy, Dundrum**	**Address:** **Units 17-19 Dundrum Town Centre** **Phone: +353 12986709** **From Venue: 9km** **Directions:** Turn Left onto Enniskerry Rd (R117) Continue on R117 for 8.4km Turn Left towards Wyckam Way (at RSA Insurance Building) At roundabout take 3rd exit into Dundrum Town Centre.	**Level of Care: Self Medication**
Slope patrol	**In contact by personal contact & radio**	**Slope patrol** on-site during racing Yes **Slope patrol** on site during practice sessions. Yes
Ambulance	**Red Cross Ambulance** **In contact**	**Location: bottom of slope** **From Venue:** 0 minutes 0 km
Slope accident Protocol	**First aid are located at: Side of slope (halfway between start and finish and has line of sight of complete course)** **Extra first aid personnel located: in First Aid room at the bottom of the slope.** **Doctor located at: N/A** **In contact by: personal contact**	1. Incident occurs. 2. First Aid go to incident to evaluate the situation. 3. If evacuation of patient is necessary, First Aid indicates walking or stretcher. 4. Treatment and assessment provided and if assessed as necessary 5 Evacuation to Ambulance and transfer to Hospital A and E or Swiftcare Clinic. (The ambulance route to the slope is signposted.) *(Advice based on acuity of injury and consultation with parent/coach.)* **6.** TD completes accident form or notes on report.
Crowd / Public Protocol ***Only if different from above***	**First aid are located at:** **Doctor located at:** **In contact by:**	All as above
Back up plan	In the event of an accident requiring first aid assistance, once the slope is clear the race can restart as the Red Cross provide extra personnel (minimum of 4 first aiders) to cover the eventuality of some of their personnel having to leave the slope with a casualty. In the event of an ambulance or ambulances being required Phone: 999 or 112	First aid in contact in person Loughlinstown ambulance centre is located 7.7km (11 minutes) from Ski Club of Ireland. Approximate from call out. 15 mins

Defibrillator	There is a defibrillator located in the main office.	All instructor and slope patrol staff are trained first aiders and trained in the use of the defibrillator

The Medical arrangements fully meet the criteria for BARTS competitions				**/ No If no identify issue below**	
Description	**Yes/No**	**Complies fully with Rule 1? Y/N**	**Degree of compliance 1-5 (where 5 = fully in place)**	**If not fully complied, reason**	
Medical Cover	Yes	No	3	Doctor/Trauma Paramedic not necessary. Technical Race in controlled environment. Hospital 20 minutes or less	
Signed:	Mr Ian Roberts (TD) Mr Derek Bolger (CoR)	**Technical Delegate/Chief of Race/Chief of Course** *Delete as appropriate*		**Date: 29 Sept 2016**	

The plan should be should be discussed on setting up contract with venue and prior to publication of acceptance bulletin – the document should be agreed and signed by Chief of Race/Medical Director and Chief of Course plus TD (if applicable).

Please email completed forms to sponsoring member group.